

Client Release & Disclaimer:

Please note that all references to “you” and “your” refer to Ana McCardell, an independent wellness coach operating online at www.NewBalanceWellness.com.

I (the undersigned) understand that your services represent a non-conventional approach to wellness. By engaging your services, I understand that you may assess my body’s “energy fields” and support them with remedies that contain common food ingredients and “imprinted information.” You may also provide guidance on related wellness topics, and may recommend common nutritional supplements. It is my choice whether I follow any guidance or recommendations.

Because this approach may support the body’s natural healing or detoxification processes, I understand that I may experience short periods (from a few hours to a few days) of mild discomfort, flu-like symptoms, dizziness, etc. This is a common and expected part of the healing process, and I am aware of this possibility prior to engaging your services.

While you are unaware of any long-term or otherwise serious side-effects from ANY of your products or services, I understand that people respond differently to everything in life and that you cannot guarantee what outcome I will have from your services.

I understand that even well-educated opinions on health vary widely among health practitioners, and that you cannot offer (and do not imply) any warranty regarding your services. Where one person may respond well to a health protocol, another may not respond at all.

I understand that you are NOT a licensed doctor, counselor, or mental health professional and that you are acting only as a consultant and facilitator. I take full responsibility for any health protocol I choose to pursue. Also, if I am taking any medications or am engaging any conventional medical treatments, it is my responsibility to inform my licensed health care professional about other modalities or supplements I choose to use.

I understand that you make NO ATTEMPT to diagnose, prevent, treat, or cure any physical and/or biochemical disease, but only provide the means to support the body’s energy fields and/or nutrient levels, in turn designed to support the body’s own healing and maintenance processes. I also understand that your consultation is based in part on the information I provide about myself, and therefore certify that all information provided about my health conditions and lifestyle (or about those whom I represent) is accurate to the best of my knowledge.

I acknowledge that you are hereby encouraging me to visit my physician for medical emergencies; acute viral, bacterial, or other physical/biochemical diseases; and any other condition that requires medical attention.

If I am concerned with sodium intake, I acknowledge that the Infoceuticals (remedies) you may recommend contain sodium, potassium, and magnesium, and that they have a salty flavor that can be diluted with water. I understand that a typical Infoceutical protocol (up to 90 drops per day) provides less than 100mg of sodium per day.

Finally, I confirm that I am at least 18 years of age, or am the parent or legal guardian of the client (named below) receiving your services and am answering this form on his or her behalf. I (or the named client) am not pregnant, do not have a pacemaker, and am not under medical care that requires immune system suppression. I am fully competent to make my own health care decisions or to make such decisions on behalf of the client for whom I am signing.

By signing this form, I agree to release liability and hold you harmless from all liability arising directly or indirectly out of any matter related to your services.

This agreement represents the complete and entire agreement between Ana McCardell and me. I have read and understood this “Client Release & Disclaimer.” I authorize and accept the proposed terms of care. I declare that I understand all the terms and conditions herein.

Client Name (PRINTED)

Client or Parent/Legal Guardian Signature

Date